

# HISD MEDIA ADVISORY

## HISD students celebrate International SEL Day to support mental health and well-being

**WHAT:** Houston Independent School District students will have the opportunity to join several schools and communities around the globe to celebrate the importance of Social and Emotional Learning (SEL) on the fourth annual International SEL Day. This day was created to showcase, promote, advocate and support SEL in every school and community across the world. SEL helps build a foundation that supports students' success both personally and academically and equips them with social-emotional skills, so they are better able to learn and contribute to a positive learning environment. This year's theme is titled Uplifting Hearts, Connecting Minds.







HISD's SEL department will recognize this day with dedicated activities throughout our campuses. The day will be highlighted with a SEL Summit at Young Women's College Preparatory Academy and will include a panel discussion with students and district leadership surrounding the importance of SEL.

**WHO:** HISD District Leadership, Interim Director of Social-Emotional Learning **Sean Ricks** and Young Women's College Preparatory Academy Principal **Dr. Tabitha S. Davis**, HISD students and staff

**WHEN:** Friday, Mar. 10  
10:00 a.m.

**WHERE:** Young Women's College Preparatory Academy, 1906 Cleburne St., 77004

The Houston Independent School District is the largest school district in Texas and the eighth-largest in the United States, with 276 schools and nearly 190,000 students. The 333-square-mile district is one of the largest employers in the Houston metropolitan area, with more than 27,000 employees.

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HOUSTON INDEPENDENT SCHOOL DISTRICT